



MONTHLY MENU



Alternate Menu Every Week

Menu	Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Menu 1	Breakfast	Blueberrie,Waffles, Sugar Free Syrup, Milk	Cinnamon Toast, Strawberries, Milk	Yogurt, Berries, Granola, Apple Juice	Mini Muffins, Banana, Milk	Eggs, Avacado Slices, Orange Juice
	Lunch	Grilled Cheese, Tomato Soup, Apple slices, Milk	Baked Fish Sticks, Mixed Veggies, Peaches, Milk	Mac n Cheese, Brocoli, Pears, Milk	Grilled Cheese, ham, & Tomato Sandwiches, Mangos, Milk	Spaghetti, Salad, Blackberries, Milk
	PM Snack	String Cheese, Pretzels, Water	Goldfish, Strawberries, Water	Apple Slices, Sunbutter, Water	Cottage Cheese, Peaches, Water	Veggie Straws, Orange slices, Water
Menu 2	Breakfast	Oatmeal, Strawberries, Milk	Mini Pancakes, Raspberries, Milk	Mixed Fruit, Cottage Cheese, Milk	Eggs, Busicuts, Apple Juice	Cream Cheese & Pear Toast, Orange Juice
	Lunch	Pasta & broccoli, Plum Slices, Milk	Turkey & Cheese Wrap, Cucumber, Cherries, Milk	Frito Pie, Peaches, Peas, Milk	Pizza Sliders, Broccoli, Pineapple, Milk	Corn Dogs, Mixed Veggies, Kiwi, Milk
	PM Snack	Teddy Grahams, Berry Nut Butter, Water	Oranges, Pretzels, Water	Cheese Cubes, Grapes, Water	Turkey Slices, Crackers, Water	Watermelon, Pretzel Sticks, Water